

# **Procedures at City Hall - Taxes and Welfare**



When you arrive in Japan or change residence, you must complete a variety of administrative procedures at City Hall. In addition, people who are not enrolled in health insurance at their workplace, must register for National Medical Health Insurance and National Pension. There are also procedures to register children for school, and to apply for various subsidy programs.

National Health Insurance; National Pension; Elderly-persons' Healthcare Insurance;	These guidebooks consist of six booklets.
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	6 Preparing for Emergencies and Disasters
<ul> <li>Explanation of symbols</li> </ul>	

# **Procedures at City Hall**

Complete or Amend your Registration of Residence
(Not applicable to short-stay visitors)

#### $\bigcirc$ On Entry to Japan

All persons who enter Japan (within 14 days of entering Japan)

#### ○ Before Departure from Japan

Submit a "Notification of Moving-out" (Up to 14 days before departure)

O When moving from other municipalities Submit a "Notification of Moving-in" (within 14 days)

O When moving to other municipalities Submit a "Notification of Moving-out" (before moving)

O When changing residence within the City Submit a "Notification of Change of Address" (within 14 days)

 $\bigcirc$  On obtaining a Status of Residence for a newborn child

(Special permanent resident within 60 days)

#### **Register for**

#### $\bigcirc$ National Medical Health Insurance /

**Medical Care System for the Elderly** If you stay in Japan longer than three months.

#### ○ National Pension Plan

If you are between 20 and 60 years of age.

#### ○ Long-term Chronic-care Insurance

If you have stayed in Japan longer than three months, and are over 65 years old, or are enrolled for medical insurance and are over 40 years old.

#### **Submit Notifications**

O Following marriage "Notification of Marriage"

• **Following the birth of a child** "Notification of Birth" (within 14 days of birth)

O Following a death in the family "Notification of death" (within 7 days)

#### laxation

#### weitare Services

- Welfare for disabled persons
- Welfare for the elderly
- Benefits, Support Programs

#### Request Certified Documents

 City Hall can issue certified copies of the; Family Register Transcript, Abridged Family Register Transcript, or copied Certificate of Residence.

#### Filing Tax Returns

Resident tax, amount and payment

- Fixed property tax, Light vehicle tax
- National Health Insurance Tax

# • Other Procedures

X See booklet ④ [Childbirth, Raising Children and Education] for more information on:

#### $\bigcirc$ Childbirth - Childcare

- "Mother and Child Health Handbook" "Subsidy program for childbirth"
- Childcare Subsidies
- "Childcare Allowance" "Medical Expense Subsidies" etc.
- Infant health checkups; Vaccinations.
- Childcare Counseling

#### ○ Nursery Education

- Nursery School, Kindergarten
- Application for entering or transferring to elementary or junior high school.
- After-school Childcare

 $\ensuremath{\overset{\scriptstyle\frown}{\scriptstyle\bullet}}$  See booklet  $\ensuremath{\textcircled{}}$  [Medical Care, Health and Welfare] for more information on:

.Medical Institutions .Medical History Questionnaires .Health Check-up

# Notifications and Procedures at City Hall

When you have completed Registration of Residence, other procedures can be completed easily as necessary.

#### <u>Notifications and procedures</u>

1st Floor City Residents Affairs Section • : 042-470-7722

#### O Registration of Residence (Not applicable to short-stay visitors)

Type of Application	Application Period	Documents Required	
Notification of Moving-in (on entry to Japan)	Within 14 days of moving into Higashikurume.	Residence Card or Special Permanent Resident Certificate for each person (or passport if the Residence Card is to be received later)	
Notification of Moving-in (moving from other municipalities)	Within 14 days of living at the new address in Higashikurume	<ul> <li>Certificate of Moving out (received from the previous municipality)</li> <li>Residence Card or Special Permanent Resident Certificate for all persons moving-in.</li> </ul>	
Registering Change of Address (moving within Higashikurume)	Within 14 days of living at the new address.	• The Residence Card or Special Permanent Resident Certificate of all persons moving.	
Certificate of Moving out (moving to other municipalities)	Up to14 days before moving out.	Documents to Confirm Identification; Passport, Regidence Card, Driving Licence	
Notification of Moving-out (when leaving Japan)	Up to 14 days before departure.	<ul> <li>Certificate of Registered Seal (registered person only)</li> </ul>	
Notification of Amendments (when obtaining medium-and-long term residency with a change in status of residence)	Within 14 days of the date of the change in status.	<ul> <li>Residence Card (only persons with a change in status)</li> </ul>	

• If you start to live with a person who has been living at the new address before you complete notification of moving-in or change of address, you may need to obtain a written consent from that person. For details on how to write a consent, contact the City Residents Affairs Section at City Hall.

• In order to determine the relationship between co-inhabitants within a household, you may need to present official documents showing your relationship. Also, in the event the documents are not in Japanese, a Japanese translation should be attached.

#### ○ Medium and long-term Residents

For enquiries concerning the details on your residence card, other than the registered address, contact Regional Immigration Bureau or the information center below.

Immigration Information Center

(weekdays 8:30 to 17:15)

🕻 : 0570-013904

(03-5796-7112 from IP phone · PHS · Overseas)

#### ○ Special Permanent Residents

For the issuance, re-issuance of a Special Permanent Resident Certificate, or making amendments to the

certificate (to name, nationality, region, etc.), contact the City Residents Affairs Section in City Hall first as the documents required differ for each procedure.

#### ○ Returning a Residence Card, or Special Permanent Resident Certificate

If you leave Japan without completing an "Embarkation Card for Reentrant" on departure, or without obtaining a reentry permit (as may be determined by your status of residence), the Residence Card or Special Permanent Resident Certificate must be returned at the port of departure. In the event of death, a relative or co-inhabitant must return the Residence Card or Special Permanent Resident Certificate of the deceased directly to the nearest Regional Immigration Bureau, or mail it to the following office within 14 days of death.

Tokyo Regional Immigration Bureau

\$\$\contemp\$ :0570-034259

Tokyo Regional Immigration Bureau Tachikawa Branch Office

\$\$\$ :042-528-7179

(Return address)

 Tokyo Regional Immigration Bureau, Odaiba Branch, Tokyo Harbor Government Building 9th floor, 2-7-11 Aomi Koto-ku, Tokyo 135-0064

#### ○ Notification of Birth

Submit a notification of birth within 14 days of the child's birth, along with the certificate of birth issued by the doctor and the address of the birth, at the City Hall where the father or mother's current address is registered.

- $\sim$  Procedures for the registration of residence of a newborn child  $\sim$
- 1. After submitting the notification of birth at City Hall, you can obtain a passport for your child at your respective embassy.
- 2. To obtain a status of residence for the child, a parent with medium and long-term status of residence must go to Tokyo Regional Immigration Bureau within 30 days after the birth, a Special Permanent Resident must go to the City Hall within 60 days after the birth.
- When the child's status of residence is approved, and if the residential address is not entered on the issued Residence Card, take the Residence Card to City Hall to register the child's current address.

#### ○ Notification of Death

The notifying person (relative or co-inhabitant) shall register the death at City Hall within 7 days of the date of knowing of the death, stating the place of death and the address of the person registering the death. When registering the death, you will require the certificate of death issued by a doctor and the residence card of the deceased.

#### ○ Notification of Marriage

For registration of marriage at the City Hall, the person getting married should present the following. A notification of marriage, a passport or other certification of nationality or a birth certificate, a certificate of no impediment to marriage issued by their respective embassy or a consulate located in Japan along with a certified translation of the document (signed and certified by the translator).

If a certificate of no Impediment to marriage cannot be obtained, please contact the City Residents Affairs Section.

#### ○ Notification of Divorce

For registration of divorce submit a notification of divorce at the City Residents Affairs Section of City Hall, together with your passport or other certification of nationality. Since divorce may result in a change in your valid period of stay, be sure to consult and confirm with your embassy first.

#### ○ Certified Copy of Certificate of Residence

This document provides certified confirmation of name; address; date of birth; gender; nationality; region; status of residence; and other related information. The fee is charged per copy. Applicants, other than the registered resident or a same houshold member, must submit a power of attorney.

#### ○ Registration of an Official Seal

A certificate of the registration of your official seal is required when buying or selling an automobile or real estate, or in other legal transactions. Before makingan official seal, confirm the restrictions that apply to the material and size with the City Residents Affairs Section. Then to apply for the registration of an official seal, take your seal and identification such as your Residence Card to the City Residents Affairs Section. If the applicant is a person other than the owner of the seal to be registered, the applicant must submit a power of attorney and present his own personal seal.

# National Medical Health Insurance: National Pension: Elderly-persons' Medical Care: Long-term Chronic-care Insurance.

In Japan, people who are not enrolled in a company health insurance program, must register for National Medical Health Insurance and National Pension. If youhave enrolled in a company social insurance scheme, confirm the details with your employer.

#### National Medical Health Insurance

1F Insurance & Pension Section 🔰 : 042-470-7732

Illness and injury can incur unforeseen expenses. In Japan, it is compulsory to enroll in a public health insurance to assure adequate medical treatment. National Medical Health Insurance is one kind of public health insurance; foreign residents who stay in Japan more than three monthsmust also enroll for medical health Insurance.

#### ○ Enrollment Procedures

In the following cases, go to the Insurance & Pension Section, taking your residence card and passport.

- When you move to Higashikurume (on entry to Japan)
- When you withdraw from a company social insurance scheme (on leaving the company, divorce, etc.)
- On the birth of a child.
- When welfare assistance has been cancelled.

#### **O Procedure for Making Amendments**

After enrolling in National Medical Health Insurance, notify the Insurance & Pension Section at City Hall within 14 days of any of the following changes in circumstances; Always present your residence card, Individual Number Card or Notification Card for Individual Number and passport.

- On preparing to move to another municipality.
- On enrolling in a company social insurance scheme.
- On receiving welfare assistance.
- On preparing to leave Japan.
- On the death of the person covered.
- On losing your health insurance card
- On a change of the head of household, name and family relationships.
- On moving within the city.
- Other, after amendments to your residence card.

#### ○ Insurance Benefits

- In general, by presenting your health insurance card at a medical institution, you pay 30% of the total medical expenses.
- Refund of "high-cost medical expenses": If the total monthly medical fees are exceptionally high, and your net payments exceed a specific amount, you will be able to apply for a refund.
- Benefits are also available to supplement the cost of births and deaths.

#### ○ National Medical Health Insurance

National Medical Health Insurance is applied to the payment of medical expenses when insured persons visit medical institutions. When you move to Higashikurume, or if you enroll in the National Medical Health Insurance after withdrawing from a company health insurance scheme, you will pay National Medical Health Insurance contributions from the month you enroll. National Medical Health Insurance contributions paid by the householder are based on the number of insured persons in the household and the previous year's income. As for the payment method, refer page 7.

#### National Pension Plan

1F Insurance & Pension Section C : 042-470-7732

National Pension Plan is the nationwide program to provide financial assurance for the elderly or disabled persons (persons enrolled in a company social Insurance scheme are exempt). All persons over 20 years and younger than 60 years of age living in Japan are required to enroll.

For more information, refer to the HP of Japan Pension Service;

http://www.nenkin.go.jp/international/english/index.html (in 10 languages)

#### **○ Enrollment Procedures**

The same as for National Medical Health Insurance.

There is an exemption scheme under the Special Payment System for Students. (Subject to income restrictions)

#### $\bigcirc$ Types of Pension and the Beneficiaries

- Old-age Basic Pension: Persons over 65 years old who have paid premiums for a specified period and satisfied other conditions.
- Disability Basic Pension: Disabled persons over 20 years old, or persons who became disabled due to illness or injury during the insured period and have paid premiums for a specified period.
- Survivors' Basic Pension: The wife or husband with children under 18 years old, or the child of a person who has passed away and had paid premiums for a specified period.

#### $\bigcirc$ When you are due to leave Japan

Consult the Musashino Pension Office.

 Lump-sum withdrawal If you meet specific conditions, a lump-sum withdrawal can be paid.

- 1. Contact the Musashino Pension Office and request the appropriate form.
- After returning to your country, send the specified documents, and proof of renewed residence in your country, to the Musashino pension office. The lump-sum withdrawal will be transferred to the bank account in your country that you specify on the form.

# $\bigcirc$ When you are eligible to receive pension benefits after returning to your country

Even if you do not continue to live in Japan, you can receive pension benefits in your country by completing the necessary procedures.

Musashino Pension Office

: 4-12-18 Kichijoji-kitamachi, Musashino Tokyo 180-8621

**C** : 0422-56-1411

Office Hours: Mon-Fri 08:30 - 17:15

(Until 19:00 First opening day of the week) (2nd Saturday/month 9:00 - 16:00)

### Elderly-persons' Medical Care

1F Insurance & Pension Section C : 042-470-7846

This is a public medical insurance similar to the National Medical Health Insurance, and is available from the 75th birthday. Foreign residents must also enroll if they stay in Japan more than three months.

For more information, please contact the following association.

Tokyo Extended Association of Medical Care System for the Latter-Stage Elderly People

- 3-5-1 lidabashi Chiyoda-ku, Tokyo 102-0072 Tokyo Kusei Kaikan 15th to 17th floor
- C : 0570-086-519 (Contact Center Telephone Number )

#### ○ Procedures for Enrollment & Amendments

The same as for National Medical Health Insurance.

#### O Insurance Benefits

- Percentage of fees at medical institutions: Generally net medical fees are 10% of the total medical costs, but are 20% for persons whose income exceeds a specific amount and 30% for those whose income is especially high. If uncertain, consult Insurance & Pension Section.
- Refund of "high-cost medical expenses": If the total monthly medical fees are exceptionally high, and your net payments exceed a specific amount, you will be able to apply for a refund.

• In the event of death: A contribution to funeral expenses.

#### **O Insurance Premiums**

Insurance premiums are calculated based on the income of the previous year. Paid by the insured person.

#### Long-term Chronic-care Insurance

1F Care & Welfare Service Section 🔰 : 042-470-7818

Long-term Chronic-care Insurance is a system to cover the cost of care and associated costs with the support of the national and local governments, and premiums of insured persons. Foreign residents over 65 years old who stay in Japan more than 3 months, have to be enrolled in this Insurance and those over 40 years old are automatically enrolled and have to pay premiums with the National Medical Health Insurance.

Depending on the type of disease, long-term chronic-care services are available from 40 years of age, for details consult your doctor or the Care & Welfare Services Section.

#### ○ Insurance premiums

Insurance premiums for those over 65 years old are calculated based on income, household taxation and so on. However, from 40 years old to 64 years old, the premiums are done based on the life insurance formula of the and collected in conjunction with the premiums for the National Medical Health Insurance.

#### ○ Long-term Chronic-care Services

- Application: In order to receive extended health care services, it is necessary to be assessed and registered.
   First contact the Care & Welfare Services Section at City Hall.
- Services: After assessment and registration, care services are provided according to a determined care plan.
- Own expenses: Account for 10%, 20% or 30% of the total care costs in accordance with income. However, the total cost of services that exceed a maximum limit are charged to the patient.



Tax Payment Section

2F Taxation Section

: 042-470-7725
: 042-470-7729

Taxes provide for roads and urban development, for welfare, education, and for construction and maintenance of public facilities. They are fundamental to society and are essential assets for the various public services. All people in Japan have a duty to pay taxes and the right to the public services.

#### ○ Taxation of Personal Income

Metropolitan and City resident tax (Jyumin-zei) are paid to local governments (Metropolitan Tokyo and Higashikurume City), income tax (Shotoku-zei) is paid to the national government. Both taxes are based on personal income, and are calculated accordingly. While income tax is pay-as-youearn (PAYE) and levied on income for the current tax year (Jan-Dec), resident tax is paid in the current fiscal year (Apr-Mar) with respect to income of the previous tax year.

#### ○ Filing Tax Returns

Persons who are resident in the city as of January 1st, are required to file tax returns at the Taxation Section of City Hall by March 15th. However, you are not required to file a tax return in the following cases;

- If you file an income tax return at a National Tax Office.
- If your employer reports your employment income on your behalf.

# ○ Amount of Metropolitan and City Resident Tax

Metropolitan and City Resident tax are the total of a fixed tax per capita, plus the tax levied on income.

- Tax per capita: A fixed base tax, regardless of income.
- Tax levied on income: Tax calculated on income and deduction amount of the previous tax year.

#### ○ Payment of Resident Tax

- If you receive employment income; your employer deducts taxes from your salary, reports your income and pays all taxes together.
- If you file a tax return yourself, you will receive documents from City Hall in early June each year, and are required to pay the taxes accordingly at City Hall, or at a local designated financial institution.

#### ○ Other Taxes

• Fixed Property Taxes • City Planning Taxes

The owner of property; land, building, or a house, and depreciable assets as of January 1st of the current year, is required to pay taxes(rates) on the property.

Light Vehicle Tax

An owner of a light vehicle, motor powered bike etc. is required to pay the respective tax from April  $1^{st}$  of each year.

National Health Insurance Tax

Taxed on the head of household. The head of household should pay National Health Insurance Tax. If any other household is a subscriber of it though, the head of household pays into both Social insurance and Health insurance. Payment of City Tax The counter of the city's head office and branches or specified banks. Account Transfer Convenience Store

Convenience Store Mobile Payment Application Local Tax Payment Site

#### **OArrears and Reminders**

If city taxes are not paid by the due date, an arrears will be generated or a reminder will be issued. After that, if the payment is not received in a reasonable amount of time, the person may be subject to possibly property seizure.

#### ○ Tax Reduction or Exemption

If you become eligible for welfare assistance, and apply to the Taxation Section at City Hall more than 7 days before the tax payment is due, you may receive a tax reduction or exemption.

#### ○ When preparing to leave Japan

Fixed Property Tax(in early May) or Notification of Resident Tax(in early June)

If a person is leaving Japan before receiving a tax payment notice or a tax payment is pending, a designated person must be selected before the departure to managetax payment or to file a tax return on behalf of the person leaving.

# 🞽 Welfare

#### Disability Welfare

1F Handicapped Persons' Welfare Section

**C** : 042-470-7747

If you or a relative suffer from any disability, you can consult the Handicapped Persons' Welfare Section in City Hall.

#### $\bigcirc$ Obtaining a Disability Identification Card

When qualifying for a "Physical Disability Card" (physical disabilities), "Ai-no-Techo (intellectual (learning) disabilities)" or "Psychiatric Disability Welfare Card" (psychiatric disabilities)" the holder can receive a variety of support services based on the type of disability card, age and income.

#### [Types of Support]

- "Mind and Body Disability Welfare Allowance", and other allowances
- Expenses for aids for daily living (ADL) and provision of prosthetic devices.
- Disability Welfare Services such as Home-help Services

- Transpo Subsidies On gasoline,: taxi fares, toll road road charges, Toei (Tokyo Metropolitan) transport system (free fares), private bus and rail fares, automobile driver training fees and automobile modification costs.
- · Reduction or exemption of NHK TV license fees;

tax relief or exemption; preferential placement in Tokyo public housing.

 Medical Care Subsidies: " Medical Expense Subsidies for Persons with Disabilities"; "Psychiatric Rehabilitation";

#### Programs covering patients suffering from complex diseases as designated by the Tokyo Metropolitan Government.

Including: "Medical Subsidies for Incurable Diseases"; "Medical Subsidies for Chronic Diseases in Children"; "Welfare Assistance for People with Incurable Diseases"."Subsidies for Interferon Treatment of Viral Hepatitis B or C"; "Subsidies for Hospitalization of Children with Psychiatric Disabilities".

#### Elderly Welfare

1F General Welfare Service Section 🛛 🕻 : 042-470-7749

#### ○ Persons Living Alone

There are numerous welfare services including distribution of lactic acid beverages, home-visit hairdressing, and installation of emergency-call systems.

#### Social Welfare Allowance

#### **O Welfare Assistance**

1F General Welfare Service Section, Welfare Assistance Group 1 & 2 C : 042-470-7741

If you have difficulty meeting daily expenses because of loss or decrease in income due to illness or injury, you can receive support under the national government guidelines on minimum standard of living and to reestablish your financial independence.

#### ○ Tokyo Metropolitan Women's Welfare Fund

2F Child & Youth Section, Subsidies Group

**C**: 042-470-7736

Loans and other financial support are available for women to become financially secure and independent, (including support for technical training, preparing for employment or education, vocational training, and changing residence).

#### [Terms and Conditions for Financial Support]

Eligible persons are, single women who have lived in Tokyo longer than 6 months and to whom numbers (1) or (2) below apply.

- Supports her own parents, children, brother or sister (no income restrictions apply).
- (2) Has an annual income of less than a specified level and meets one of the conditions (a) or (b) below.
  - (a) Has supported a child as single mother.
  - (b) Is over 40 years old and has a previous marriage.

#### ○ Living Expense Financial Assistance

1F General Welfare Service Section, Welfare Policy Group • : 042-470-7749

You can borrow up to ¥150,000 interest free to help meet such expenses as for livelihood, pursuing employment,

medical treatment, disaster relief, childbirth, and funerals.

X Subject to terms and conditions such as the requirement for a co-signatory/guarantor.

# Consultation locations for foreign residents

Note: Available languages, times and days are subject to be changed, so please call in advance to confirm.

Tel. ■Service hours   Languages, the days ■Service hours
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### **O**General Consultation

Foreign Residents'	03-5320-7744	English 月~金		
-	03-5320-7766	中文 火 釜 ■9:30am-0:00 pm 1:00pm-5:00pm		
Advisory Office	03-5320-7700	한국어 🕺		
		やさしい にほんご・English・中文・한국어 · Português		
Tokyo Multilingual	0120-142-142	Español・ไทย・Русский・Tagalog・Tiếng Việt・積む   「月~釜		
Consultation Navi	■10:00am-4:00pm	नेपाली·Français·Indonesia		
		မြန်မာနိုင်ငံ 🕺		
Tokyo English Lifeline(tell)	03-5774-0992	English 火·水·木 9:00am-11:00pm 金 9:00am - 土 2:00am 土 9:00am - 月 11:00pm * Chat platforms are also available during service hours. To access the chat platforms, please visit the website below. Website:https://telljp.com/lifeline/		
Metropolitan Police Dept. Consultation for Foreign Residents	03-3503-8484 ■8:30am-5:15pm	English・中文・한국어 · أستان Tagalog 月~釜 Español اردو · فارسی・		
Legal Information For Foreign Nationals	0570-078377 ■9:00am-5:00pm	English·中文·한국어 · Português Español·Tagalog·Tiếng Việt·नेपाली ไทย·Indonesia		

### **OLabor Consultation**

Tokyo Labour Bureau Consultation and Support Office for Foreigners	03-5361-8728 ■9:30am-0:00pm ■1:00pm-4:30pm	English·中文 月~金 Tagalog 月·火·水·金 ไทย 木 Tiếng Việt 火·木·釜 नेपाली 月·火·水·木 မြန်မာနိုင်င 金 ថ្មរ 水 Монгол хэл 釜 Indonesia 火
Labour Standards Advice Hotline for foreign workers	月~金 5:00pm-10:00pm 土・百 9:00am - 9:00pm *Holidays(days of calendar numbers are red) 9:00am - 9:00pm	Japanese 第~音:0120-811-610 English 第~音:0120-531-401 中文 第~音:0120-531-402 Português月~±:0120-531-403 Español 木・釜・±:0120-531-404 Tagalog 火・水・±:0120-531-405 Tiếng Việt 火・水・釜~音:0120-531-406 頃をの名をさ 水・音:0120-531-407 नेपाली 水・音:0120-531-408 한국어 木・音:0120-613-801 ไทย 木・音:0120-613-802 Indonesia 木・音:0120-613-803 ᅚឡょ 月・±:0120-613-804 Монгол хэл 指・±:0120-613-805
Shinjuku Foreigners' Employment Assistance and Guidance Center	03-3204-8609 ∎9:00am-4:00pm	English・中文 肖~金 *Appointment by phone or in person is required. *Maximum time for counseling is 30 minutes.

## OImmigration Bureau ⋅ Residence Card

Immigration Services Agency General Consultation Support Center for foreign residents	03-3202-5535 03-5155-4039 ∎9:00am-4:00pm	English·中文 · Português· Español·Indonesia·Tiếng Việt Tagalog * Closed on the 2nd and the 4th Wednesdays	
Immigration Services Agency Foreign Resident General Information Center	0570-013904 ∎8:30am-5:15pm	Japanese・English・中文・한국어・Español Português・Tiếng Việt・Tagalog(Pilipino) - 月~釜 नेपाली・Indonesia・ไทย・ĭᇋュ・らんらの含く Монгол хэл・Français・원。めつていまし	

## **OHuman Rights**

Foreign-language Human	0570-090911	English・中文・한어・Pilipino・Português	
Rights Hotline	■9:00am-5:00pm	Tiếng Việt • नेपाली • Español • Indonesia •ไทย	

### OMedical Health Information Services • Medical Insurance

Medical Information Serivices for Foreign Patients (Himawari)	03-5285-8181 ■9:00am-8:00pm	English・中文・한국어・ไทย・Español 月~日(everyday)
AMDA International Medical Information Center	03-6233-9266 ∎10:00am-4:00pm	Easy Japanese 月~釜 English 月~金 中文 火・木 한국어 月 Português 釜 Español 水 ใหย 火 Pilipino 月 Tiếng Việt 水・金

### **OChild Education**

Tokyo Metropolitan				
Education Consultation	0120-53-8288	English·中文·한국·조선어	金	■1:00pm-5:00pm
Center				

# **OConsultation facility in Higashikurume City (Japanese only)**

	042-472-0061	Consultation for upman Europy Mandavia  10:20am 4:20am
Gender Equality	Appointment by	Consultation for women Every Mondays ■10:30am-4:30pm
Promotion Center	phone or in person is	Legal counseling from lawyers
(City Hall 2nd Floor)	required.	
	* Free of charge	The First Friday of the month ■9:30am-0:30pm

English 中文(Chinese) 한국어(Korean) 한국·조선어(Korean) Português(Portuguese)	
Español(Spanish) ใиย(Thai) Русский(Russian) Tagalog(Tagalog) Pilipino(Filipino)	
Tiếng Việt(Vietnamese) नेपाली (Nepali) Français(French) Indonesia(Indonesian)	
हिंदी(Hindi - India) বাঙ্গালি(Bengali - Bangladesh, East India) සිංහල(Sinhala - Sri Lanka)	
မြန်မာနိုင်ငံ(Myanmar)  ឪឌួរ(Khmer-Cambodian) Монгол хэл(Mongolian)	
(Urdu - Pakistan) اردو (Persian - Iran, Afghanistan, Tajikistan) فارسی	

月(げつ)(Mon.) 火(か)(Tue.) 水(すい)(Wed.) 木(もく)(Thu.) 金(きん)(Fri.) 土(ど)(Sat.) 日(にち)(Sun.)




#### Information for foreign residents living in Higashikurume English edition, Korean edition, Chinese edition and Simplified Japanese edition

Editor and Publisher: Life and Culture Section,

Higashikurume City Hall, 3-3-1 Hon-cho, Higashikurume City 203-8555

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