

## Concerning the new coronavirus disease 【February 28, 2020 】

The new coronavirus disease has been found in Japan and other countries. When you contract the new coronavirus disease (COVID-19), you would become feverish or have a cough. COVID-19 is infectious through coughing and sneezing.

- in order not to contract COVID-19, do the following matters.
  - Wash your hands thoroughly with soap and disinfectant containing medicinal alcohol.  
(After returning home, before cooking and before eating etc.)
  - When you have a cough, wear a flu mask.
  - If you are the elderly and have pre-existing conditions, avoid crowded areas.



- If you become feverish, do not go to school or office.
- The following person can make a phone call to a public health center (Coronavirus Consultation Center )※.
  - <time to make a phone call>
    - When you have a cough and become feverish above 37.5°C and the symptoms last for 4 days  
(In case of a weak constitution, when the symptoms last for 2 days)
    - When you become terribly fatigued and breathe with difficulty
  - <the phone number of the center>
    - from morning till evening on weekdays: call the center which is located where you live.

Refer to the following page to seek business hours and the number.

[https://www.fukushihoken.metro.tokyo.lg.jp/hodo/saishin/kikoku\\_sesshoku.html](https://www.fukushihoken.metro.tokyo.lg.jp/hodo/saishin/kikoku_sesshoku.html)

- from 17:00 on weekdays till 9:00 on the next days: 03-5320-4592
- on Saturday, Sunday, and a national holiday: 03-5320-4592

<the thing that you talk with a person in charge>

- Talk about which hospital do you go for an examination.

※A public health center is a local government office which supports your health(vigor).

■When you consult a doctor, do the following matters.

- Wear a flu mask.
- Don't use public transportation such as a train or a bus.

<foreign language information other than Japanese>

About the new coronavirus disease

(The multicultural portal site, Council of Local Authorities for International Relations)

<http://www.clair.or.jp/tabunka/portal/info/contents/114517.php>

<Consultation Services in Foreign Languages(English/Chinese/Korean)>

New Coronavirus Consultation Center : 0570-550571

- For more information, Please feel free to consult us about New Coronavirus(COVID-19).
- Hours : 9:00~21:00(Opened on Saturday, Sunday and public holidays.)