# Contacts for medical questions, information about clinics available at night time and on holidays

## O Ushu

### Foreign language services available by Tokyo Metropolitan Health and Medical Information Center

- ☎ Tel: 03-5285-8181
- ♣ Information about medical facilities and Japan's medical system are available as below.

Available hours: every day, 9:00AM~8:00PM (English, Chinese, Korean, Thai and Spanish)

- Tokyo Metropolitan Pharmacy Information Search System (t-薬局いんぶが)
  To search for a pharmacy that can explain how to correctly take your medication and the possible side effects, in your mother tongue, please use this search engine.
- ◆ URL: http://www.himawari.metro.tokyo.jp/qq/qq13tomnIt.asp (English and Japanese)

### OAMDA International Medical Information Center Tel: 03-5285-8088

- ♣ Information about medical facilities that could understand foreign languages, and explanation of Japan 's health care system that are available in several languages.
- ♣ Available hours Mondays to Fridays, 9:00AM~5:00PM (English, Chinese, Korean, Thai, Spanish) Mondays, Wednesdays and Fridays, 9:00AM~5:00PM (Portuguese) Wednesdays, 1:00PM~5:00PM (Filipino)

### OInformation about medical facilities that are open on holidays and at nights

(available from Higashi-Kurume Fire Station)

**☎** Tel: 042-477-0119 (Japanese)

### **OMultilingual Medical Questionnaire**

For conveying how you feel in your own language in case of sickness - available in 18 languages

**⇔** URL: http://www.kifjp.org/medical/

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3-3-1 Honcho Higashi-Kurume shi 🖀 Tel: 042 (470) 7738

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↓ The medical questionnaire can be downloaded from the URL below. Please print it out and take it to the hospital with you.

# http://www.kifjp.org/medical/



\* Permission to list the medical questionnaires above has been given to us by Kanagawa International Foundation and International Community Hearty Konandai.